

**Newburyport Public Schools
Seizure Health Care Plan**

Attach student
picture here

Student's Name: _____ **School Year:** _____

DOB: _____ **Teacher:** _____ **Grade:** _____

Typical Seizure Pattern:

Warning Signs:

Usually looks like:

During a Seizure:

- Always stay with the child
- Position child to avoid choking on saliva
- Move the child to the floor, if able to, and clear area around child of hazards (hard/sharp objects)
- Do not restrain child or put anything in child's mouth
- Roll up something soft and place under the student's head
- Loosen any tight clothing and remove glasses if applicable
- Have someone remain with child until conscious and no longer confused

Plan during seizure:

After a Seizure:

- Allow child to rest
- Notify the parent
- Document the seizure, making note in 3 areas – what happened before, during and after the seizure
- Help other children deal with the seizure. Talk about seizures, why they happen and what to do

Plan after seizure:

CALL 911 FOR:

- **A seizure lasting longer than _____ minutes**
- **Any signs of respiratory distress (stops breathing or turns dusky/blue)**
- **Other: _____**

Newburyport Public Schools Seizure Health Care Plan

Other health concerns:

| Medications: | Dose/Time: |
|--------------|------------|
| | |
| | |
| | |

Dietary concerns/restrictions:

Emergency Contacts:

Parent/Guardians:

1. **Name:** _____
 Home # _____ Work# _____ Cell# _____

2. **Name:** _____
 Home # _____ Work# _____ Cell# _____

Other Emergency Contact if parent/guardian is unavailable:

Name _____ Relationship _____ Tel. # _____

Primary Care Provider: _____ **Telephone#** _____

Neurologist: _____ **Telephone#** _____

Physician Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Nurse Signature: _____ **Date:** _____

Final 5/2008

Notice: Newburyport Public Schools is concerned with the safety and well being of all its children. During school hours a nurse is on duty to provide assessments, first aid, emergency care and medication administration. There is no nurse available during before-school and after-school programs and organized activities (e.g., sports, clubs). If an emergency arises, staff will activate the emergency medical system and the student will be transported to the nearest hospital. Note that after school personnel cannot deliver medical procedures or obtain or administer medications. Students with special health needs are encouraged to carry necessary items (e.g., inhalers, EpiPens) during these times. If your child requires specific assistance during an after school event please contact your child's school nurse for guidance.