

**Rupert A. Nock Middle School
Field Hockey Program 2023 Information**

Program Details:

The field hockey program is open to 6th, 7th, and 8th grade students of all experience levels. This year, our program will begin with practice on **FRIDAY, SEPTEMBER 8th**, and will continue through the middle of October.

Our program consists of two teams - Newburyport Middle School C (Crimson) and Newburyport Middle School W (White). Both teams will practice together, but will play games based on their given schedule. Both practices and home games will be held at Eaton Field behind the middle school.

Practices:

Practices will be held 2:45 - 3:45 on Mondays, Tuesdays, Wednesdays, and Fridays unless games are scheduled. We will practice at the middle school at Eaton Field.

Games:

Currently, there are 10 games scheduled; the current game schedules are listed below and are subject to change. Bus transportation is provided to and from our away games. Fans are welcome at both home and away games.

Middle School Field Hockey (C)

Friday, September 15th	Home vs. Manchester Essex (G)	4:00
Monday, September 18th	Home vs. Manchester Essex (W)	4:00
Friday, September 22nd	Home vs. Lynnfield	4:00
Monday, September 25th	Home vs. Ipswich	4:00
Wednesday, September 27th	at Triton	4:00
Monday, October 2nd	at Rockport	4:00
Friday, October 6th	Home vs. Ipswich	4:00
Wednesday, October 11th	at Manchester Essex (G)	4:00
Friday, October 13th	at Manchester Essex (W)	4:00
Monday, October 16th	at Lynnfield	4:00

Middle School Field Hockey (W)

Friday, September 15th	at Manchester Essex (W)	4:00
Monday, September 18th	at Lynnfield	4:00
Friday, September 22nd	at Ipswich	4:00
Monday, September 25th	at Triton	4:00
Wednesday, September 27th	Home vs. Rockport	4:00
Friday, September 29th	Home vs. Lynnfield	4:00
Friday, October 6th	at Manchester Essex (G)	4:00
Wednesday, October 11th	Home vs. Manchester Essex (W)	4:00
Friday, October 13th	Home vs. Lynnfield	4:00
Friday, October 16th	Home vs. Ipswich	4:00

Any questions, please feel free to reach out to Colleen Santos at colleenann.santos@gmail.com or Nicole DeRosa at nicolederosa@nijoli.com

TO RESERVE A SPOT ON THE TEAM:

- **COMPLETE THE ONLINE REGISTRATION LINK BELOW**
- **EMAIL YOUR UP TO DATE PHYSICAL TO Kathy Cutter:**
kcutter@newburyport.k12.ma.us

Physicals are good for 13 months and once a physical expires the student's family must provide a copy of a new physical exam (doctor's notes are not allowed).

Students may not participate if they have not had a physical examination within the past 13 months.

Registrations are due by **August 31st. - Registration is ONLINE**