

🌍 Newburyport Community Iftar 🌍

Brought to you by the Newburyport Human Rights Commission



Iftar: Muslims fast each day from sunrise to sunset during the month of Ramadan. Iftar is the daily breaking of the fast.

Join local Muslims, new neighbors from Afghanistan, and friends from Newburyport for Iftar and a traditional meal to celebrate Ramadan 2023.

When: Tuesday, March 28, 2023

Where: High School Cafeteria (241 High St)

Time: 6:00 - 9:00 pm

Registration: <https://forms.gle/CpuujSbnaKKJJu2Z6>

Registration is appreciated to help with meal planning and preparation.

Covid

The celebration will be indoors. There are currently **no Covid restrictions** from the Newburyport Health Department.

Photos

Photography is discouraged to preserve the privacy and safety of our Afghan neighbors.

Breaking the Fast

We will “break fast” together at sundown (7:05 pm). Fast is traditionally broken with a date and a sugary beverage or water. A traditional meal will follow.

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Supporters



Background Information

Ramadan: 9 questions about the Muslim holy month

<https://www.vox.com/2017/5/25/11851766/what-is-ramadan-muslim-islam-about>

Nadia's Ramadan (9 mins)

Short family-oriented video about Ramadan from a young girl's perspective. It is well suited to school age children and families.

<https://youtu.be/pxgnhOf67b8>

This is Ramadan (10 mins)

Another short video with a focus on Ramadan and fasting narrated by six individuals who share their experience from a religious and family perspective.

<https://youtu.be/ZT-UeMg37SI>

What it's like to be a Muslim in America (16 mins)

An informative, thought-provoking TED talk that highlights concerns about anti-Muslim speech and action.

[https://youtu.be/wzkFoetp- M](https://youtu.be/wzkFoetp-M)