



MASSACHUSETTS
GENERAL HOSPITAL

PSYCHIATRY ACADEMY

Dear Patient/Family Program Participant,

As we are about to enter the new year, we wanted to let you know about an exciting free online education resource. Massachusetts General Hospital Psychiatry Academy, who have brought you the last few years of patient and family education programs, has developed an online course to educate service members, veterans, and their families about post-deployment brain responses.

The program includes four 15 minute talks by experts in the field about the deployment-related challenges of posttraumatic stress disorder, traumatic brain injury, depression, and substance use disorders. Service members, veterans, and their families can learn the latest research about what causes these conditions, how they work on a brain level, how they look on the outside, and how to get evidence-based treatment. Keep an eye out for some familiar faculty members from our Saturday education programs!

The program is available here: <http://www.mghcme.org/brain>. We encourage you to take some time to watch these lectures and share them with anyone who you think would benefit from learning about these topics.

All best to you and your family for a happy holiday season.

Kind regards,

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