




CLIPPER GIRLS BASKETBALL FALL CLINICS

Newburyport High School girls basketball and NYS are excited to offer **after-school basketball** instruction in the Nock gym to girls in grades 4-8. Our focus will be to help players gain confidence and knowledge while teaching the proper fundamentals in a fun atmosphere. Daily emphasis will include: footwork, balance, ball handling, shooting, attacking defender, post play, defensive concepts, boxing out and rebounding, goal setting, positive affirmations, plus other fun activities and games. Space is limited so sign up today!




Clipper Girls Basketball After School Skills Program




Grades 4&5 – Wed, Oct 10, 17, 24, 31, Nov 7, 14	2:45-4:30pm
Grades 6-8 – Thurs, Oct 11, 18, 25, Nov 1, 8, 15	2:15-4pm
Nock Middle School Gym	
Res \$125/ Non Res \$135	
Instructors Kyle Hodsdon, NHS Basketball Staff and Players	

Newburyport High School girls basketball and NYS are excited to offer a **one-day shooting clinic** to girls in grades 4-8. Our focus will be to completely break down the proper shooting technique and provide strategies to increase shooting percentage. There will be special emphasis on footwork and “doing your work before you catch the ball”. Players will learn corrective drills to self evaluate and remedy missed shots. Power comes from legs and hips and players will learn the basic foundation of a jump shot. This will be a fun, cognitive approach to shooting and training aids such as shooting straps and tape will be used by participants.

Clipper Girls Basketball Veteran’s Day Shooting Clinic



Mon, Nov 12th	8:30am-12pm
NHS Gym	
Girls only in grades 4-8	
Instructors Kyle Hodsdon, NHS Girls Basketball Staff and Players	
Red \$35/ Non Res \$45	



SIGN UP WITH NYS
NEWBURYPORTYOUTHSERVICES.COM



CLINIC DIRECTOR: KYLE HODSDON, NHS ATHLETIC DIRECTOR
CLINIC STAFF: NHS GIRLS BASKETBALL COACHES AND PLAYERS

CLIPPER BASKETBALL WINTER CLINICS



Newburyport High School girls basketball and NYS are excited to offer a **three-day basketball clinic during December break**. This early season clinic will give players an opportunity to receive advanced instruction from the Clipper staff and players. Our goal is to offer techniques to be a better basketball player through FUNdamental activities. We will help improve confidence through break down drills with incremental checkpoints to achieve greater success with more frequency. All aspects of basketball will be covered with daily skills and drills and competitive contests.

Clipper Girls Basketball Holiday Clinic

Wed-Fri, Dec 26-28 8:30am-12pm

Girls in grades 4-8

NHS Gym

Res \$100/ Non Res \$110

Instructors Kyle Hodsdon, NHS Girls Basketball Staff and Players

Newburyport High School girls basketball and NYS are excited to offer a fun-filled week of basketball instruction during **February vacation**. All aspects of basketball will be covered with daily skills and drills and competitive contests including "Queen of the Court" and "Queen Clipper". Special emphasis will be on foul shooting technique and post moves. Members of the NHS basketball team and coaching staff will be actively involved with teaching stations and providing helpful strategies for improvement.

Clipper Girls Basketball February Vacation Clinic

Tuesday-Friday Feb. 19-22 8:30am-12pm

Girls in grades 4-8

Location NHS Gym

Res \$125/ Non Res \$135

Instructors Kyle Hodsdon, NHS Girls Basketball Staff and Players



Limited spots, sign up today!

